

HELP FOR THE CAREGIVING YEARS

FREE EVENT

Door prizes!

Saturday, November 1, 2025

9:00 am – 1:00 pm

3090 Premiere Parkway Suite 400, Duluth, Georgia



**NORTHSIDE
HOSPITAL**

**ATLANTA
CARE-NET**



Peachtree Christian Health.
ADULT DAY & BRAIN HEALTH CENTER

Join Us

- 8:30 - Check-in and Light Breakfast
- 9:00 - 9:45 - Workshop #1
- 9:45 - 10:15 - Break and Visit Vendors
- 10:15 - 11:00 - Workshop #2
- 11:10 - 11:30 - Panel
- 11:30 - 12:00 - Lunch
- 12:00 - 12:45 - Keynote Speaker
- 12:45 - 1:00 - Door Prizes and Closing Remarks

Dementia Virtual Tours throughout the event

Collaboration Team

- ARC Empowerline
- Peachtree Christian Health - ADC
- Care-Net
- Second Wind Dreams
- St. Andrews Presbyterian Church

**Second Wind Dreams - Virtual Dementia Tour
available throughout event**

*In Loving Memory of Lois Ricci
and
Mary Lou Vergara*

Keynote Speaker

Dr. Felicia Wilson, a licensed clinical social worker, family caregiver coach, and educator, is the visionary behind CareTalk, LLC—a comprehensive counseling and coaching agency specializing in women's mental health. With a fervent dedication, Dr. Wilson collaborates with women to identify life stressors and craft strategies for balanced and purposeful living. Drawing from her extensive professional and academic background, she brings a unique perspective to addressing complex issues and fostering meaningful partnerships.

Caregiver Panel

Alzheimer's Association
Christie George- Tools for Life
Dennis Lippy- Accessible Living Atlanta

Breakout Rooms

Atlanta Regional Commission/Resources
Kellie E. Mayfield, PHD RDN/Nutritionist
Kelley Napier, CELA, Georgia Estate and Elder Law, LLC



Seating is limited — Please RSVP to:
CareConsultation@atlantaregional.org